

ABSTRACT

My dissertation provides an evaluation of the Therapeutic Relationship in the context of working reparatively from a Humanistic Integrative perspective.

Part one of my dissertation is my Rationale for Practice within which I will introduce myself, identifying which of the Humanistic and Integrative theories I employ in my work with my clients, and my reasons for doing so.

In the Literature Review, I will reflect on the Therapeutic Relationship in conjunction with the Reparative Relationship in terms of findings both historical and contemporary. I will concentrate my exploration around Developmental Psychology, (Stern 1985) Attachment Theory,(Bowlby 1988) and the importance of Relational Needs (Erskine, Moursund, & Trautmann 1999)

The Case Study is the third part of the dissertation, within which I will evidence how I put theory into practice. Tracking the different stages of the relationship while noting the effect of attunement on the reparative aspects of the relationship