

Abstract

Countertransference is a broad and far ranging area of psychotherapeutic theory and practice; however very little is written on the therapist's physical experience of countertransference. This piece is an examination of embodied countertransference whilst working with a traumatised client, in addition to a review of relevant literature it considers implications for therapeutic practice and the therapist's wellbeing in working with embodied countertransference.

Keywords; *Countertransference, Embodiment, Trauma,*

Case Study, Literature Review