

Abstract

In this dissertation I explore a humanistic and Integrative approach to working creatively with the inner child. I draw from the field of developmental and attachment theory and include literature that explores the term inner child and its historic context within integrative psychotherapy. I address how creativity supports developmental attunement to the inner child using non-dominant hand drawing and writing. The case study details my therapeutic application of creativity and developmental attunement with my client. The key therapeutic episode demonstrates how this creative process enhanced interpsychic contact and facilitated change.

Word Count 90